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9 UNITED STATES DISTRICT COURT
10 CENTRAL DISTRICT OF CALIFORNIA
11

12 LETICIA JIMENEZ,

13 Plaintiff,

14 v.

15 CAROLYN W. COLVIN,
16 Acting Commissioner of the
17 Social Security Administration,

18 Defendant.
19
20

No. CV 13-8676 SS

MEMORANDUM DECISION AND ORDER

21 **I.**

22 **INTRODUCTION**
23

24 Leticia Jimenez ("Plaintiff") seeks review of the final
25 decision of the Commissioner of the Social Security
26 Administration (the "Commissioner" or the "Agency") denying her
27 Disability Insurance Benefits and Supplemental Security Income.
28 The parties consented, pursuant to 28 U.S.C. § 636(c), to the

1 jurisdiction of the undersigned United States Magistrate Judge.
2 For the reasons stated below, the decision of the Commissioner is
3 AFFIRMED.

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5 **II.**

6 **PROCEDURAL HISTORY**

7
8 Plaintiff filed applications for Title II Disability
9 Insurance Benefits ("DIB") and Title XVI Supplemental Security
10 Income ("SSI") on July 27, 2010. (Administrative Record ("AR")
11 233-36, 237-41). Plaintiff alleged a disability onset date of
12 September 20, 2007. (AR 233, 237). The Agency denied
13 Plaintiff's applications on March 8, 2011. (AR 105-07, 108-10).
14 On March 24, 2011, Plaintiff requested a hearing before an
15 Administrative Law Judge ("ALJ"). (AR 111-12). Plaintiff
16 testified at the first of two hearings before ALJ Christine Long
17 on May 3, 2012 ("First Hearing"). (AR 49-68). A Spanish
18 language interpreter translated for Plaintiff. (AR 52).

19
20 At the First Hearing, vocational expert ("VE") Susan D.
21 Green incorrectly cited the Dictionary of Occupational Titles
22 ("DOT") code for Plaintiff's previous relevant employment as a
23 data entry clerk. (AR 72). After the hearing, the ALJ conducted
24 additional research to establish the proper DOT code. (AR 72).
25 On May 23, 2012, the ALJ sought a written opinion by a new VE,
26 Frank Corso, Jr., as to whether use of the wrong DOT code could
27 lead to an incorrect assessment of Plaintiff's residual
28 functional capacity (RFC). (AR 335-39). Mr. Corso proffered his

1 opinion on May 30, 2012. (AR 339). On June 5, 2012, the ALJ
2 informed Plaintiff that she wished to enter Mr. Corso's opinion
3 into the record as additional evidence. (AR 342).

4
5 On June 14, 2012, Plaintiff, now represented by attorney
6 Joel D. Leidner, requested a supplemental hearing. (AR 161). On
7 July 18, 2012, Plaintiff testified at the supplemental hearing
8 ("Second Hearing"). (AR 69-96). The ALJ issued an unfavorable
9 decision on August 21, 2012. (AR 22-38). Plaintiff filed a
10 timely request for review with the Appeals Council on September
11 20, 2012 (AR 18), which the Council denied on October 22, 2013.
12 (AR 1-4). Plaintiff filed the instant action on December 3,
13 2013. (Dkt. No. 3).

14 15 **III.**

16 **FACTUAL BACKGROUND**

17
18 Plaintiff was born on October 18, 1965. (AR 36). She was
19 forty-one years old as of the alleged disability onset date and
20 forty-six years old when she appeared before the ALJ. (AR 57,
21 75, 233, 237). Plaintiff attended elementary school in Mexico
22 and continued her education through the tenth grade after moving
23 to the United States in 1978. (AR 36, 58). Plaintiff worked as
24 a check processor for a bank for approximately ten years prior to
25 the alleged disability onset date. (AR 260). She alleges that

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1 pain in her hands prevented her from working after September 20,
2 2007.¹ (AR 76).

3
4 On September 27, 2007, Plaintiff filed claims with the
5 California Workers' Compensation Appeals Board ("Board") for four
6 work-related injuries and conditions sustained between 2002 and
7 2007: "strain and stress on the job," "[Plaintiff] fell from a
8 chair," "a metal hit [Plaintiff's] chest" and "strain of viewing
9 computer monitor." (AR 203-07). Board-approved workers'
10 compensation physician Michael Bazel treated Plaintiff beginning
11 on September 27, 2007. (AR 386). Although the Board initially
12 found Plaintiff ineligible for benefits, an ALJ reversed this
13 decision on appeal. (AR 214). The Board ALJ noted that
14 Plaintiff had experienced hand pain since 2004, but a Board-
15 appointed orthopedic surgeon failed to consider this symptom when
16 he certified Plaintiff to return to work in February 2008.²
17 (Id.). Plaintiff settled with the Board on July 7, 2009.³ (AR
18 217).

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21 ¹ Plaintiff told the ALJ that she stopped working due to hand
22 pain. (AR 76). However, in the Disability Report accompanying
23 her benefits application, Plaintiff stated that she stopped
24 working because of "conditions" including "Lower back," "Right
25 and Left Wrists," "Carpal Tunnel," "Arthritis in Knees and body,"
26 "Insomnia" and "Depression and Anxiety." (AR 259).

27 ² The Board ALJ's observation is confirmed by records from
28 Plaintiff's personal physician, Dr. George Bernales, which noted
wrist pain as early as 2003. (See, e.g. AR 443).

³ As part of her workers' compensation settlement, Plaintiff
declared that she was not receiving Social Security benefits and
did not anticipate applying for benefits within six months. (AR
231). She did not apply for Social Security benefits until a
year after the settlement. (AR 233, 237).

1 **A. Medical History And Doctors' Opinions**

2
3 **1. Physical Condition**

4
5 a. Dr. George Bernales

6
7 Plaintiff first saw George Bernales, M.D., her primary care
8 physician, in 1994. (AR 496). Dr. Bernales treated Plaintiff
9 for insomnia (January 12, 2000; AR 482); a ganglion cyst (June
10 21, 2000; AR 480); anxiety (June 20, 2001; AR 478); and a non-
11 cancerous growth in Plaintiff's right eye.⁴ (AR 427-28). On
12 August 25, 2003, Dr. Bernales referred Plaintiff to
13 rheumatologist Michael Maehara, M.D., for left wrist pain. (AR
14 443). The rheumatologist's treatment notes show that Plaintiff
15 reported suffering intermittent wrist pain for a year. (Id.).
16 He attributed the pain "most likely [to] overuse syndrome" and
17 prescribed Motrin, also reporting his conclusions to Dr.
18 Bernales. (AR 444). Dr. Bernales diagnosed carpal tunnel
19 syndrome ("CTS") in April 2005.⁵ (AR 429).

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25 ⁴ The specific eye diagnosis was of a pterygium. (AR 428). A
26 pterygium is a non-cancerous growth that may be symptomless or
27 cause burning, irritation or vision problems. See Pterygium,
MEDLINEPLUS, [http://www.nlm.nih.gov/medlineplus/ency/article/001011.](http://www.nlm.nih.gov/medlineplus/ency/article/001011.htm)
28 htm (last visited Oct. 9, 2014).

⁵ The exact date is unclear from the treatment note, as is the
wrist in question.

1 b. Dr. Michael Bazel

2

3 On September 25, 2007, Plaintiff selected Michael Bazel,

4 M.D., to serve as the primary treating physician for her workers'

5 compensation determination. (AR 202, 386). Plaintiff first

6 visited Dr. Bazel that same day. (AR 386). On February 9, 2009,

7 two months after his last examination of Plaintiff, Dr. Bazel

8 issued his final "Permanent and Stationary Report" to the Board.

9 (Id.). After describing the injuries Plaintiff alleged in her

10 workers' compensation claims (AR 387-89), Dr. Bazel noted that

11 Plaintiff complained of headache, "bilateral wrist and hand,"

12 upper back pain, and low back pain.⁶ (AR 389). He performed a

13 number of tests on Plaintiff's upper extremities, noting

14 tenderness "over the dorsal and palmar aspects of the lists,

15 bilaterally." (AR 392). Both wrists showed a normal range of

16 motion. (Id.). However, two tests used to diagnose CTS -- the

17 Tinel and Phalen tests -- showed results consistent with the

18 syndrome.⁷ \\\

19 \\\

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21 ⁶ The Court assumes that "bilateral wrist and hand" also

22 refers to a pain complaint.

23 ⁷ "In the Tinel test, the doctor taps on or presses on the

24 median nerve in the patient's wrist. The test is positive when

25 tingling in the fingers or a resultant shock-like sensation

26 occurs. The Phalen, or wrist-flexion, test involves having the

27 patient hold his or her forearms upright by pointing the fingers

28 down and pressing the backs of the hands together. The presence

of carpal tunnel syndrome is suggested if one or more symptoms,

such as tingling or increasing numbness, is felt in the fingers

within 1 minute." Carpal Tunnel Syndrome Fact Sheet, NINDS,

[http://www.ninds.nih.gov/disorders/carpal_tunnel/detail_carpal_tu](http://www.ninds.nih.gov/disorders/carpal_tunnel/detail_carpal_tunnel.htm)

[nnel.htm](http://www.ninds.nih.gov/disorders/carpal_tunnel/detail_carpal_tunnel.htm) (last visited Oct. 9, 2014).

1 Dr. Bazel also reviewed magnetic resonance images (MRIs) and
2 nerve conduction studies of Plaintiff's wrists taken by
3 radiologist Sim Hoffman, M.D., on December 12, 2007. (AR 399).
4 He affirmed the radiologist's impression that enlargement of the
5 median nerve in Plaintiff's right wrist was consistent with CTS,
6 and also found mild enlargement of the median nerve in the left
7 wrist.⁸ (AR 399). However, after comparing the results of upper
8 extremity studies conducted on January 23 and July 31, 2008, Dr.
9 Bazel found "definite improvement" in Plaintiff's CTS and an
10 apparent resolution of left ulnar neuropathy. (AR 399-400). Dr.
11 Bazel also noted "tenderness and spasm" in Plaintiff's lower back
12 (AR 395), and described an MRI showing "multilevel disk disease"
13 and a nerve conduction study "consistent with radiculopathy."⁹
14 (AR 402). Here once again, however, Dr. Bazel's final report
15 noted "definite improvement" in the lumbar area, with "apparent
16 resolution" of neuropathy he had suspected earlier. (AR 399-
17 400).

18
19 Dr. Bazel's December 9, 2008 Permanent and Stationary Report
20 made eleven diagnoses: (1) pterygium; (2) vision difficulty; (3)

21
22 ⁸ In his report to Dr. Bazel, Dr. Hoffman opined that carpal
23 tunnel syndrome "cannot be excluded" (AR 348) and "should be
24 clinically considered." (AR 351). Dr. Bazel interpreted Dr.
25 Hoffman's MRIs and nerve conduction studies as showing "findings
26 consistent with bilateral carpal tunnel syndrome." (AR 402).
Dr. Hoffman did not compare the extent of the median nerve
enlargement in Plaintiff's left and right wrists. (See AR 348,
351).

27 ⁹ Radiculopathy is "any disease that affects the spinal nerve
28 roots," and may be caused by herniated disks. Herniated disk,
MEDLINEPLUS, <http://www.nlm.nih.gov/medlineplus/ency/article/000442.htm> (last visited Oct. 10, 2014).

1 lower back strain; (4) disc disease; (5) radiculopathy; (6)
2 bilateral wrist sprain; (7) bilateral CTS; (8) headaches; (9)
3 depression; (10) anxiety; and (11) insomnia.¹⁰ (AR 401).
4 However, Dr. Bazel's 2008 report found that Plaintiff had
5 "dramatically improved" and could return to work with certain
6 restrictions.¹¹ (Id.). These included avoiding repetitive
7 pushing or pulling with the hand or wrist, avoiding repetitive
8 finger or wrist motion, not lifting "beyond 20 lbs.," and
9 avoiding bending, stooping, climbing, prolonged standing or
10 walking, and driving over 60 minutes. (AR 402).

11
12 c. Dr. Carl E. Millner

13
14 On January 21, 2011, state agency consultative physician
15 Carl E. Millner, M.D., conducted an internal medicine examination
16 of Plaintiff. (AR 506-10). Plaintiff complained of wrist and
17 knee pain, and Dr. Millner ordered x-rays of Plaintiff's wrists
18 and knees. (AR 506, 511-12). The x-rays revealed soft-tissue
19 swelling over all of these joints, but no acute conditions. (AR
20 511-12). Plaintiff reported that she was currently taking
21 lorazepam, ranitidine, cyclobenzaprine, and Tylenol Arthritis.¹²

22
23 ¹⁰ Dr. Bazel noted that the pterygium had "resolved." (AR
24 400). Plaintiff appears to have undergone surgery to remove this
25 condition in 2006. (AR 426).

26 ¹¹ Dr. Bazel certified Plaintiff to return to work as early as
27 October 23, 2008, so long as she restricted the use of her hands.
28 (AR 406).

¹² According to the National Institutes of Health, the first
three medications are used for the following conditions:
lorazepam (anxiety, insomnia); ranitidine (acid reflux);
cyclobenzaprine (muscle pain and strain). Lorazepam, Ranitidine,
Cyclobenzaprine, MEDLINEPLUS, <http://www.nlm.nih.gov/medlineplus/>

1 Dr. Millner noted that Plaintiff's CTS had "resolved" following
2 conservative treatment. (AR 507, 509). He recorded normal
3 responses to both the Phalen and Tinel tests used for this
4 condition.¹³ (AR 509). Dr. Millner noted that at Plaintiff's
5 wrist joints, "[f]lexion, extension, radial deviation and ulnar
6 deviation are within normal limits bilaterally." (AR 508).
7 Flexion and extension of Plaintiff's finger and thumb joints were
8 normal, as well. (Id.). She was able to make a fist "without
9 difficulty," to extend her hands, and "to
10 oppose the thumb to each finger." (Id.). Although Dr. Millner
11 diagnosed mild osteoarthritis of the knees and mild lumbar
12 radiculopathy, based on his examination and a review of
13 Plaintiff's history he found that Plaintiff had "no restrictions"
14 on pushing, pulling, lifting, carrying, walking, standing,
15 sitting or any other physical activity. (AR 509-10).

17 **2. Mental Condition**

19 a. Dr. Alexis Meshi

21 On February 15, 2011, state agency consultative psychiatrist
22 Alexis Meshi, M.D., conducted a mental health examination of
23 Plaintiff. Dr. Meshi noted that Plaintiff drove herself to the
24 examination but wore a brace on her right hand. (AR 515).
25 Plaintiff reported that she had been struggling with moderate
26

27 druginfo/meds/ (locate "Browse by generic or brand name" and
28 click first letter of drug name) (last visited Oct. 10, 2014)).

¹³ See n.7 for descriptions of these tests.

1 depression and some anxiety issues since 2007. (Id.). She
2 cried "more frequently," suffered insomnia, and reported having
3 "what sounds like panic attacks." (Id.). However, medications
4 relieved these symptoms. (AR 515-516). Plaintiff said she had
5 "[gotten] along excellently" while working at the bank and had
6 not been the subject of any "negative personnel action." (AR
7 516). She denied a family mental illness history and was not
8 seeing a psychiatrist. (Id.).
9

10 Dr. Meshi assessed Plaintiff with mild memory problems and
11 "more significant difficulty with attention and focus issues."
12 (AR 518). However, she opined that Plaintiff could follow one-
13 and two-part instructions "certainly with treatment she is
14 currently not doing." (Id.). Similarly, she noted that
15 Plaintiff had symptoms of depression and anxiety that could be
16 significantly relieved with appropriate treatment. (Id.). She
17 recommended that Plaintiff discuss further treatment with her
18 physician, and judged Plaintiff's prognosis as "fair." (Id.).
19

20 **B. Non-Examining Physicians' Opinions Regarding Plaintiff's**
21 **Physical And Mental Condition**
22

23 1. Dr. Samantha Park
24

25 Nonexamining physician Samantha Park, M.D., reviewed
26 Plaintiff's medical records on March 4, 2011. (AR 97-104). Dr.
27 Park took into account Plaintiff's allegations of low back pain,
28 CTS, arthritis, insomnia, depression and anxiety. (AR 97). She

1 noted that Plaintiff had "sharp pains" in her wrists and knees
2 and had headaches. (Id.) Dr. Park noted the medications
3 Plaintiff reported taking, her alleged physical limitations and
4 her daily activities. (Id.). Dr. Park also summarized
5 Plaintiff's medical records. (AR 98, 100, 102).
6 Based on this review, Dr. Park filed a Disability Determination
7 showing a primary diagnosis of depression and a secondary
8 diagnosis of mild osteoporosis.¹⁴ (AR 103-04).

9
10 2. Dr. Winston Brown

11
12 Dr. Winston Brown reviewed Plaintiff's records and created a
13 Mental RFC Assessment on March 4, 2011. (AR 521-37). Dr. Brown
14 concluded that Plaintiff's RFC included both affective and
15 anxiety-related disorders. (AR 525). He found that Plaintiff
16 exhibited a medically determinable impairment of anxiety that did
17 not precisely satisfy the criteria for a specific anxiety-related
18 disorder. (AR 530). Dr. Brown opined that Plaintiff was either
19 "not significantly limited" or "moderately limited" across a
20 range of capacities, including understanding and memory,
21 sustained concentration and persistence, social interaction, and
22 ability to adapt. (AR 523). As an overall mental RFC
23 assessment, Dr. Brown concluded that Plaintiff "is able to
24 perform work where interpersonal contact is incidental to work
25 performed, e.g. assembly work; complexity of tasks is learned and
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27

28 ¹⁴ The Disability Determination was also signed by C. Winston Brown, M.D. (AR 103-04).

1 performed by rote, few variables, little judgment; supervision
2 required is simple, direct and concrete (unskilled)." (Id.).

3
4 **C. Vocational Expert Testimony**

5
6 1. Susan Green

7
8 VE Susan Green testified at the First Hearing regarding the
9 existence of jobs that Plaintiff could perform, given her
10 physical and mental limitations. (AR 65-67). Following the
11 First Hearing, however, the ALJ concluded that Ms. Green used an
12 improper DOT code for Plaintiff's past relevant work, causing her
13 to give inaccurate answers to the ALJ's hypotheticals. (AR 28,
14 72). The ALJ discarded VE Green's assessment and sought an
15 assessment from a new VE, Frank Corso, Jr. (AR 74, 336).

16
17 2. Frank Corso, Jr.

18
19 The ALJ posed a single hypothetical in a written inquiry
20 that Mr. Corso answered on May 30, 2012. (AR 335-39). The ALJ
21 asked Mr. Corso to assume a hypothetical individual with
22 Plaintiff's age, education, and literacy skills. The individual
23 previously worked as a Data Entry Clerk "with an exertional level
24 of sedentary work and a skill level . . . of 4." (AR 335, 337).
25 The individual had an RFC to perform light work as follows: "lift
26 and carry 20 pounds occasionally and 10 pounds frequently;
27 unlimited sitting ability; stand and walk 6 hours total in an 8
28 hour workday and must be able to alternate sitting and standing

1 every 2 hours with normal breaks; occasional stooping; and
2 frequent handling and fingering with both hands." (AR 337). Mr.
3 Corso opined that such an individual would not be able to perform
4 Plaintiff's past relevant work, because "'Data Entry Clerk'
5 requires constant fingering." (AR 337). However, Mr. Corso
6 concluded that such an individual could perform other
7 occupations. (AR 338). These included work as an order clerk,
8 sorter, "cashier II," sales attendant, charge account clerk, or
9 document preparer." (Id.). Mr. Corso opined that 1,400 to
10 60,000 such positions existed in the local economy, depending on
11 the specific job, and 40,000 to 1.7 million positions existed in
12 the national economy. (Id.).
13

14 3. Allan Ey
15

16 Mr. Corso was unable to testify at the Second Hearing, and
17 the ALJ sought new testimony from VE Allan Ey. (AR 73). The ALJ
18 posed three hypotheticals. (AR 83-86). First, she asked the VE
19 to assume an individual of Plaintiff's age and educational
20 background who could lift and carry twenty pounds occasionally
21 and ten pounds frequently. (AR 83-84). The individual could sit
22 for an unlimited time, stand and walk for six out of eight work
23 hours, alternate sitting and standing every two hours with normal
24 breaks, and do frequent handling and fingering with both hands.
25 (Id.). VE Ey opined that such an individual could not do
26 Plaintiff's past work, but could perform such "light" work as
27 cashier II, with 40,000 jobs available regionally and one million
28 \\
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1 nationally, or mail clerk, with 6,000 jobs regionally and 100,000
2 nationally. (Id.).

3
4 In her second hypothetical, the ALJ asked Mr. Ey to assume
5 that the individual could lift and carry no more than ten pounds
6 either occasionally or frequently. (Id.). The individual could
7 sit for no more than four out of eight hours but could stand and
8 walk for six out of eight hours. (AR 84-85). The individual
9 could do only "frequent," not constant, handling and fingering
10 with both hands, and would have to briefly alternate standing and
11 sitting each hour. (AR 85). The VE opined that such an
12 individual could not perform Plaintiff's past work, but could
13 work as a food and beverage order clerk or as a document
14 preparer. (Id.). There were significant numbers of these jobs
15 available regionally and nationally. (Id.).

16
17 Finally, the ALJ asked Mr. Ey to consider a third
18 hypothetical individual who could lift and carry no more than ten
19 pounds occasionally or frequently and who could sit no more than
20 four out of eight hours. (AR 86). However, this individual
21 could stand and walk no more than two hours out of every eight,
22 would have to alternate standing and sitting briefly every thirty
23 minutes, could do only occasional stopping, kneeling, crouching
24 and crawling, and could do no more than occasional fingering with
25 both hands. (Id.). The VE opined that such an individual could
26 do neither Plaintiff's former relevant work nor any other job in
27 the regional or national economy. (Id.).

28 \\\

1 The ALJ invited Plaintiff's counsel to ask additional
2 questions. (Id.). Of relevance here, counsel asked the VE to
3 opine on the relationship of "repetitive" and "frequent"
4 workplace activities, specifically asking "if a person has to do
5 something frequently . . . would they necessarily have to do that
6 repetitively?" (AR 87). The VE responded that "frequent"
7 activities are those occupying one-third to two-thirds of a
8 workday. (AR 87-88). The VE was unable to establish a direct
9 equivalence of the terms "frequent" and "repetitive" but opined
10 that frequent activities might be those that were "intermittent
11 repetitive." (AR 88).

12
13 Counsel also asked the VE to consider an individual with
14 limitations identical to those Dr. Bazel had specified for
15 Plaintiff: "no repetitive pushing or pulling with hand/wrist, no
16 repetitive finger/wrist motion, . . . no lifting beyond 20
17 pounds, no bending, stooping, climbing, prolonged standing or
18 walking, no driving over 60 minutes." (Compare AR 90 and AR
19 402). The VE opined that an individual with those limitations
20 could not do any of the alternative jobs. (AR 91). Finally,
21 referring to Dr. Meshi's psychiatric report, counsel asked the VE
22 to consider an individual with a "moderately significant"
23 attention and focus problem but who could follow one- and two-
24 part instructions. (AR 91, 92-93, 518). The VE opined that such
25 an individual could not do any of the alternative jobs. (AR 92).

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1 **D. Plaintiff's Testimony**

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3 **1. Testimony Before The ALJ**

4
5 Plaintiff attributed her condition to two accidents she
6 suffered while working for the bank, resulting in back and wrist
7 injuries.¹⁵ (AR 61). Plaintiff saw worker's compensation
8 physicians until 2009, when she was treated by new physicians.
9 (AR 61-62). She described her ongoing problems as lower back
10 pain, pain and numbness in her knees, neck and wrist pain, and
11 numbness in her fingers. (AR 62). She had physical therapy for
12 her back and wrists but avoided recommended back surgery "because
13 I've heard that people have become not able to walk." (Id.).
14

15 In a typical day, Plaintiff awoke at seven a.m., had a light
16 breakfast and then took pain medication. (AR 63). She also took
17 pain medication before going to bed at eight p.m., and again in
18 the middle of the night when she typically awoke with pain. (AR
19 63-64). During the day, she did "whatever I'm able to do that's
20 not heavy" around the house and prepared meals, but relied on her
21 husband to help with household tasks she could not handle. (AR
22 63, 77). She could sit for about an hour, but then would feel
23 "burning pain" in her back and had to stand. (AR 64). She
24 needed to stand for a few minutes during the Second Hearing. (AR
25
26

27
28

¹⁵ As both hearings were before ALJ Christine Long, discussion
of Plaintiff's testimony will be combined in a single section.

1 77). She could walk longer than she could sit, and routinely
2 took walks around the block. (AR 64). However, standing caused
3 her to feel tired, and she felt best when lying down. (AR 78).
4

5 Plaintiff experienced "awful" back pain the night before the
6 Second Hearing, and stopped at her physician's office for an
7 injection of pain medication prior to meeting with the ALJ.
8 (Id.). She continued to see a physical therapist twice a week
9 for her hands and once a week for her back, but at the time of
10 the Second Hearing she had not seen an orthopedist for two
11 months. (AR 78-79). She wore braces on both wrists "most of the
12 time," including while driving.¹⁶ (AR 76-77). Plaintiff
13 testified that her medications were effective at treating her
14 pain but caused dizziness. (AR 63).
15

16 Plaintiff testified that the pain in her hands caused her to
17 leave her bank job. (AR 76). The pain prevented her from
18 meeting production quotas and caused her to take unscheduled
19 breaks. (Id.). Because her pain medication caused dizziness,
20 she was unable to take it during the workday. (AR 79). She
21 noted that Dr. Bazel, the workers' compensation physician, told
22 her to reduce her work hours from eight to no more than four or
23 six. (AR 80).
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27 ¹⁶ Plaintiff gave conflicting testimony about her ability to
28 drive, first stating that lower back pain prevented her from
driving but then stating that she drove "a little." (AR 58, 63).

2. Statements From Plaintiff's Benefits Application

In reports accompanying her benefits application, Plaintiff stated that she stopped working on September 20, 2007, about a year after her conditions caused her to modify her work habits.¹⁷ (AR 259). Plaintiff listed these conditions as "Lower back," "Right and Left Wrists," "Carpal Tunnel," "A[r]thritis in Knees and body," insomnia, depression and anxiety. (Id.). She noted that her work consisted of running checks through a processing machine and inputting information from the checks on a computer. (AR 261). Twice a day, she had to lift and carry a "tray full of checks" approximately thirty feet, and she frequently lifted twenty pounds.¹⁸ (AR 280). On a typical workday, Plaintiff would sit for six hours, walk or stand for one hour, and write, type or handle small objects for seven hours. (Id.). Plaintiff did not have to write or complete reports. (Id.).

Plaintiff described her symptoms as "sharp pains on my wrist, knees, and also headaches," and stated that the pain usually lasted five hours if unmedicated. (AR 287). She told the Agency interviewer that she "[had been] taking medications but I no longer take them. I am only taking [T]ylenol [for]

¹⁷ Plaintiff did not specify how she had modified her work habits.

¹⁸ Plaintiff's July 27, 2010 Disability Report and her October 27, 2010 Work History Report indicated that she carried different maximum weights. In the Disability Report, completed by Agency interviewer P. Rangel, Plaintiff indicated that she carried a maximum of ten pounds. (AR 261). In the Work History Report, which Plaintiff completed on her own, she reported carrying up to twenty pounds. (AR 280).

1 arthritis."¹⁹ (AR 266). Plaintiff reported experiencing pain
2 every other day, and stated that excessive lifting, kneeling,
3 "heavy duty work," typing and writing caused pain. (AR 287).
4 She also experienced migraines approximately monthly. (AR 288).
5 Cold weather, air conditioning and "not having medicine" made her
6 symptoms worse, but wearing warm clothing, drinking hot tea and
7 physical therapy helped. (Id.).

8
9 In a typical day, Plaintiff showered, had breakfast, did
10 "light" housework, went outside to water her plants, and fed her
11 dog and pet birds. (AR 289). Plaintiff was able to prepare
12 complete meals daily, but felt pain if she did not keep the
13 cooking "easy." (AR 291). She could do the laundry twice a
14 week, wash small amounts of dishes when necessary and make her
15 bed every day. (Id.). However, she needed help opening cans and
16 bottles, getting items from shelves, sweeping and mopping,
17 removing weeds and cutting the lawn. (Id.).

18
19 Plaintiff went for walks outside twice a week (AR 289), went
20 grocery shopping once every two weeks for an hour, and could
21 drive on her own. (AR 292). She attended church once a week and
22 went to a park twice a week. (AR 293). However, due to her
23 conditions she had to give up camping and could not attend social
24 events at night or in cold weather. (AR 294). She no longer

25 ¹⁹ Plaintiff's Disability Report, completed by the Agency
26 interviewer, differed from with the "Pain and Other Symptoms"
27 report Plaintiff completed on her own three months later. On the
28 latter report, Plaintiff listed her current medications as
naproxen, omeprazole, temazepam, ranitidine, and lorazepam.
(Compare AR 266 and AR 288).

1 went to the gym, and required her husband's help to walk the dog
2 or clean the bird cage. (AR 290). She could not brush her hair
3 as she wanted to, and "sharp pains" interfered with her sleep.
4 (Id.).

5
6 Plaintiff could pay attention for an hour, follow written
7 instructions well "after reading them 2-3 times," and get along
8 well with authority figures. (AR 294-95). She had never been
9 fired from a job due to an inability to get along with others.
10 (AR 295). However, she reported that she experienced anxiety
11 when home alone, and rated her stress level as "mid level."²⁰
12 (Id.).

13 14 IV.

15 THE FIVE-STEP SEQUENTIAL EVALUATION PROCESS

16
17 To qualify for disability benefits, a claimant must
18 demonstrate a medically determinable physical or mental
19 impairment that prevents her from engaging in substantial gainful
20 activity and that is expected to result in death or to last for a
21 continuous period of at least twelve months. Reddick v. Chater,
22 157 F.3d 715, 721 (9th Cir. 1998) (citing 42 U.S.C. §
23 423(d)(1)(A)). The impairment must render the claimant incapable
24 of performing the work she previously performed and incapable of

25 ²⁰ In the Disability Report filed with her 2011 appeal,
26 Plaintiff described her hands as hurting more and her anxiety and
27 insomnia as worse. (AR 299). Due to a lack of income, she had
28 to borrow money from relatives in order to pay for pain
medication. (AR 302). She also reported suffering from
depression. (Id.).

1 performing any other substantial gainful employment that exists
2 in the national economy. Tackett v. Apfel, 180 F.3d 1094, 1098
3 (9th Cir. 1999) (citing 42 U.S.C. § 423(d)(2)(A)).

4
5 To decide if a claimant is entitled to benefits, an ALJ
6 conducts a five-step inquiry. 20 C.F.R. §§ 404.1520, 416.920.
7 The steps are:

8
9 (1) Is the claimant presently engaged in substantial
10 gainful activity? If so, the claimant is found
11 not disabled. If not, proceed to step two.

12 (2) Is the claimant's impairment severe? If not, the
13 claimant is found not disabled. If so, proceed
14 to step three.

15 (3) Does the claimant's impairment meet or equal one
16 of the specific impairments described in 20
17 C.F.R. Part 404, Subpart P, Appendix 1? If so,
18 the claimant is found disabled. If not, proceed
19 to step four.

20 (4) Is the claimant capable of performing his past
21 work? If so, the claimant is found not disabled.
22 If not, proceed to step five.

23 (5) Is the claimant able to do any other work? If
24 not, the claimant is found disabled. If so, the
25 claimant is found not disabled.

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1 Tackett, 180 F.3d at 1098-99; see also Bustamante v. Massanari,
2 262 F.3d 949, 953-54 (9th Cir. 2001) (citations omitted); 20
3 C.F.R. §§ 404.1520(b)-(g)(1) & 416.920(b)-(g)(1).

4
5 The claimant has the burden of proof at steps one through
6 four, and the Commissioner has the burden of proof at step five.
7 Bustamante, 262 F.3d at 953-54. Additionally, the ALJ has an
8 affirmative duty to assist the claimant in developing the record
9 at every step of the inquiry. Id. at 954. If, at step four, the
10 claimant meets her burden of establishing an inability to perform
11 past work, the Commissioner must show that the claimant can
12 perform some other work that exists in "significant numbers" in
13 the national economy, taking into account the claimant's residual
14 functional capacity ("RFC"), age, education, and work experience.
15 Tackett, 180 F.3d at 1098, 1100; Reddick, 157 F.3d at 721; 20
16 C.F.R. §§ 404.1520(g)(1), 416.920(g)(1). The Commissioner may do
17 so by the testimony of a vocational expert or by reference to the
18 Medical-Vocational Guidelines appearing in 20 C.F.R. Part 404,
19 Subpart P, Appendix 2 (commonly known as "the Grids"). Osenbrock
20 v. Apfel, 240 F.3d 1157, 1162 (9th Cir. 2001). When a claimant
21 has both exertional (strength-related) and non-exertional
22 limitations, the Grids are inapplicable and the ALJ must take the
23 testimony of a vocational expert. Moore v. Apfel, 216 F.3d 864,
24 869 (9th Cir. 2000) (citing Burkhart v. Bowen, 856 F.2d 1335,
25 1340 (9th Cir. 1988)).

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V.

THE ALJ'S DECISION

The ALJ employed the five-step sequential evaluation process and concluded that Plaintiff was not under a disability within the meaning of the Social Security Act from September 20, 2007, through the date of the ALJ's decision on August 21, 2012. (AR 38). At step one, the ALJ found that Plaintiff had not engaged in substantial gainful employment since September 20, 2007. (AR 31). At step two, the ALJ found that Plaintiff had four "severe" impairments: work-related CTS and left lumbar L5 radiculopathy; mild degenerative disc disease of the lumbar spine; and mild degenerative disc disease of the cervical spine (Id.). At step three, the ALJ found that Plaintiff did not have an impairment or combination of impairments that met or medically equaled one of the listed impairments in 20 C.F.R. Part 404, Subpart P, Appendix 1. (AR 32). The ALJ then found that Plaintiff had the following RFC:

[Plaintiff] has the residual functional capacity to: lift and carry 20 pounds occasionally and 10 pounds frequently; sit without limitation; stand and walk 6 hours in an 8-hour workday, but she must be able to alternate between sitting and standing briefly every 2 hours with normal breaks; occasionally stoop; and frequently handle and finger with both hands (20 CFR 404.1520(e); 20 CFR 416.920(e)).

(Id.).

1 In making this finding, the ALJ gave significant weight to
2 Dr. Bazel's conclusions about Plaintiff's CTS.²¹ (AR 34-35). She
3 noted, in particular, that while Dr. Hoffman's MRI and nerve
4 conduction studies suggested carpal tunnel syndrome, Dr. Bazel's
5 December 9, 2008 final report found that Plaintiff's condition
6 had shown "definite improvement" during 2008. (AR 34). She also
7 noted Dr. Bazel's opinion that after a full course of
8 conservative treatment, Plaintiff had "dramatically improved and
9 [was] able to go to modified duty." (AR 35).

10
11 Further, the ALJ observed that there was no evidence in the
12 Administrative Record suggesting that Plaintiff sought or
13 obtained treatment for CTS between December 2008 and November
14 2011, when Plaintiff had a single neurological consultation
15 confirming that CTS was still present. (Id.). Although Dr.
16 Bazel had advised Plaintiff to avoid "repetitive" wrist and
17 finger motions, the ALJ concluded that this still permitted
18 Plaintiff to make "frequent" wrist or finger motions. (Id.).
19 Such motions, she observed, were consistent with the RFC. (Id.).
20 Similarly, Dr. Bazel's Permanent and Stationery Report was
21 "consistent with light work activities" and the limitations
22 encompassed by the RFC. (Id.).

23 \\
24 \\
25

26 ²¹ The ALJ noted that the Administrative Record included
27 treatment records from Plaintiff's primary care physician, Dr.
28 Bernales, but observed that these records did not establish
impairment as of the alleged disability onset date. (AR 36).
She opined that Dr. Bernales's records from before or after the
"2007-2009" period were not relevant to her inquiry. (Id.).

1 Additionally, the ALJ weighed Plaintiff's testimony as to
2 her symptoms, limitations and daily activities, concluding that
3 Plaintiff's testimony was not completely credible. (AR 33-34).
4 The ALJ reasoned, in particular, that Plaintiff's decision not to
5 undergo surgery, her "minimal use of medication," and lack of
6 follow-up treatment or limited use of recommended specialists
7 indicated that her pain was less severe than alleged. (Id.).
8 Moreover, Plaintiff was able to wash dishes, do laundry, cook,
9 clean, feed her puppy, and grasp and pull weeds, all of which
10 suggested that her capabilities were not as limited as she
11 alleged. (Id.).
12

13 At step four, the ALJ determined that Plaintiff was unable
14 to perform any past relevant work as defined by 20 C.F.R. §§
15 404.1520(f), 404.1565, 416.920(f) and 416.965. (AR 36).
16 Finally, at step five the ALJ considered Plaintiff's age,
17 education, work experience, and RFC and concluded that she could
18 perform jobs available in significant numbers in the national
19 economy. (AR 38). The ALJ noted that, due to Plaintiff's
20 "additional limitations," she could not be expected to perform
21 the full range of "light work." (AR 37). However, considering
22 the VE testimony, the ALJ found that Plaintiff could find
23 employment as an order clerk, clerical sorter, sales attendant or
24 mail clerk. (AR 37-38). Therefore, the ALJ concluded that
25 Plaintiff was not disabled under the Agency's rules. (AR 38).

26 \\
27 \\
28 \\
29

VI.

STANDARD OF REVIEW

Under 42 U.S.C. § 405(g), a district court may review the Commissioner's decision to deny benefits. The court may set aside the Commissioner's decision when the ALJ's findings are based on legal error or are not supported by substantial evidence in the record as a whole. Aukland v. Massanari, 257 F.3d 1033, 1035 (9th Cir. 2001) (citing Tackett, 180 F.3d at 1097); Smolen v. Chater, 80 F.3d 1273, 1279 (9th Cir. 1996) (citing Fair v. Bowen, 885 F.2d 597, 601 (9th Cir. 1989)).

"Substantial evidence is more than a scintilla, but less than a preponderance." Reddick, 157 F.3d at 720 (citing Jamerson v. Chater, 112 F.3d 1064, 1066 (9th Cir. 1997)). It is "relevant evidence which a reasonable person might accept as adequate to support a conclusion." Id. (citing Jamerson, 112 F.3d at 1066; Smolen, 80 F.3d at 1279). To determine whether substantial evidence supports a finding, the court must "'consider the record as a whole, weighing both evidence that supports and evidence that detracts from the [Commissioner's] conclusion.'" Aukland, 257 F.3d at 1035 (quoting Penny v. Sullivan, 2 F.3d 953, 956 (9th Cir. 1993)). If the evidence can reasonably support either affirming or reversing that conclusion, the court may not substitute its judgment for that of the Commissioner. Reddick, 157 F.3d at 720-21 (citing Flaten v. Sec'y, 44 F.3d 1453, 1457 (9th Cir. 1995)).

VII.

DISCUSSION

Plaintiff challenges the ALJ's decision on two grounds. First, Plaintiff asserts that because ALJ failed to reject Dr. Bazel's assessment of Plaintiff's physical limitations, that assessment must be credited as true. (Memorandum in Support of Plaintiff's Complaint ("MSPC") at 5). Second, because Dr. Bazel recommended that Plaintiff avoid repetitive use of her hands, Plaintiff contends that the ALJ's hypothetical -- which allegedly omitted any reference to this limitation -- elicited inaccurate testimony from VE Allan Ey. (MSPC at 6-7).

The Court disagrees with both contentions. The record demonstrates that the ALJ credited Dr. Bazel's opinion, gave it great weight, and found it consistent with the RFC she applied. Moreover, the record contradicts Plaintiff's assertion that the ALJ disregarded Dr. Bazel's recommendation against "repetitive" hand motions when she posed her hypotheticals to VE Ey. Accordingly, for the reasons discussed below, the Court finds that the ALJ's decision must be AFFIRMED.

A. The ALJ Gave Proper Weight To Dr. Bazel's Opinions

Plaintiff argues that the ALJ discussed but did not reject Dr. Bazel's report, and that Dr. Bazel's assessment of Plaintiff's limitations should therefore be credited as true.

1 (MSPC at 5). The Court disagrees. The ALJ did fully credit Dr.
2 Bazel's report and arrived at a proper outcome.

3
4 Social Security regulations require the ALJ to consider all
5 relevant medical evidence when determining whether a claimant is
6 disabled. 20 C.F.R. §§ 404.1520(b), 404.1527(c), 416.927(c).
7 Where the Agency finds the treating physician's opinion of the
8 nature and severity of the claimant's impairments well-supported
9 by accepted medical techniques, and consistent with the other
10 substantive evidence in the record, that opinion is ordinarily
11 controlling. 20 C.F.R. § 404.1527(c)(2); Orn v. Astrue, 495 F.3d
12 625, 631 (9th Cir. 2007). See also Garrison, 759 F.3d at 1012
13 (citing Orn) (even when contradicted, treating or examining
14 physician's opinion is owed deference, and often the "greatest"
15 weight). An ALJ must give "specific and legitimate" reasons for
16 rejecting the findings of treating or examining physicians.
17 Lester v. Chater, 81 F.3d 821, 830-31 (9th Cir. 1995).

18
19 Nevertheless, the ALJ is also "responsible for determining
20 credibility, resolving conflicts in medical testimony, and for
21 resolving ambiguities." Andrews v. Shalala, 53 F.3d 1035, 1039
22 (9th Cir. 1995); see also Tommasetti v. Astrue, 533 F.3d 1035,
23 1041 (9th Cir. 2008) ("[T]he ALJ is the final arbiter with
24 respect to resolving ambiguities in the medical evidence.").
25 Findings of fact that are supported by substantial evidence are
26 conclusive. 42 U.S.C. § 405(g); see also Kay v. Heckler, 754 F.2d
27 1545, 1549 (9th Cir. 1985) ("Where the evidence as a whole can
28 support either a grant or a denial, [the court] may not

1 substitute [its] judgment for the ALJ's."); Ryan v. Comm'r, 528
 2 F.3d 1194, 1198 (9th Cir. 2008) ("Where evidence is susceptible
 3 to more than one rational interpretation,' the ALJ's decision
 4 should be upheld.") (quoting Burch v. Barnhart, 400 F.3d 676, 679
 5 (9th Cir. 2005)). An ALJ need not address every piece of
 6 evidence in the record, but only evidence that is significant or
 7 probative. See Howard ex rel. Wolff v. Barnhart, 341 F.3d 1006,
 8 1012 (9th Cir. 2006).

9
 10 Here, Plaintiff asserts that the ALJ "did not properly
 11 reject the residual functional capacity set by [Dr. Bazel]" and
 12 the Court should therefore credit Dr. Bazel's report as true.
 13 (MSPC at 5). Plaintiff suggests that the ALJ failed to give due
 14 consideration to Dr. Bazel's prescribed hand restrictions, which
 15 included "[n]o repetitive pushing or pulling with hand/wrist,
 16 [and] no repetitive finger/wrist motion." (AR 402). Plaintiff
 17 also observes that Dr. Bazel's "After Care Instructions" of
 18 October 22, 2008, advised Plaintiff to make only "limited use" of
 19 her hands. (MSPC at 5; AR 557). Plaintiff cites Benecke v.
 20 Barnhart, 379 F.3d 587 (9th Cir. 2004), for the proposition that
 21 limitations identified by a treating physician, and not properly
 22 rejected by an ALJ, should be credited as true. Plaintiff
 23 alleges that the ALJ's failure to credit Dr. Bazel's report
 24 caused her to pose faulty hypotheticals to VE Ey.²²

25 ²² Plaintiff's Complaint focuses on the part of Dr. Bazel's
 26 report relating to Plaintiff's hand limitations, but Dr. Bazel
 27 also opined on Plaintiff's limitations due to her lumbar
 28 condition. (AR 402). These included "[n]o lifting beyond 20
 lbs., no bending, stooping, climbing, prolonged standing or
 walking, no driving over 60 minutes." (Id.). The ALJ included

1 The Court is satisfied, however, that the ALJ did
2 appropriately credit Dr. Bazel's report, and Benecke is
3 inapposite. Benecke held that "[r]equiring remand for further
4 proceedings any time the vocational expert did not answer a
5 hypothetical question addressing the precise limitations
6 established by improperly discredited testimony would contribute
7 to waste and delay and would provide no incentive to the ALJ to
8 fulfill her obligation to develop the record." Benecke, 379 F.3d
9 at 595. In the present case, the ALJ did not "improperly
10 discredit" Dr. Bazel's December 9, 2008 Permanent and Stationary
11 Report. To the contrary, the ALJ identified Dr. Bazel as
12 Plaintiff's treating physician, cited his report repeatedly and
13 at length, compared his treatment notes with Dr. Hoffman's, and
14 specifically cited Dr. Bazel's work restrictions of "no
15 repetitive finger/wrist motion." (AR 34-35, 402). The latter
16 restriction is precisely the recommendation that Plaintiff
17 suggests the ALJ discredited. (MSPC at 3; Plaintiff's Response
18 to Defendant's Memorandum in Support of Answer ("Plaintiff's
19 Response" at 2)). The ALJ found that Dr. Bazel's "no repetitive
20 finger/wrist motion" was consistent with "frequent (not constant)
21 fingering." (AR 35).

22
23 Moreover, the ALJ gave due consideration to Dr. Bazel's
24 entire report, which not only recommended that Plaintiff avoid
25 repetitive hand motions but also noted "definite improvement" in
26 her lumbar and upper extremity condition and the "complete
27
28 these limitations, with minor variations Plaintiff has not
questioned, in her RFC. (AR 32).

1 resolution" of her neuropathy. (AR 34; see also AR 399-400 (Dr.
2 Bazel's review of January and July 2008 lumbar and upper
3 extremity studies)). The full record reveals that Dr. Bazel
4 found Plaintiff's condition "dramatically improved" over the
5 course of 2008, leaving her ready to return to "modified duty" at
6 work. (AR 401). Crediting his report as true, the ALJ arrived
7 at an appropriate RFC.

8
9 **B. The ALJ Arrived At A Valid RFC Based On The Complete Record,**
10 **And The Vocational Expert Testimony Was Proper**

11
12 The ALJ concluded that Plaintiff had an RFC that included
13 the ability to "frequently handle and finger with both hands."
14 (AR 32). At the Second Hearing, Plaintiff's counsel devoted
15 considerable time to questioning VE Allan Ey as to the meaning of
16 Dr. Bazel's restriction on "repetitive fingering." (AR 87-89).
17 Plaintiff's counsel appears to have been concerned that an RFC
18 permitting "frequent" handling and fingering was inconsistent
19 with the "repetitive" hand motions Dr. Bazel counseled Plaintiff
20 to avoid. However, "frequent" and "repetitive" do not have
21 identical meanings in this context.

22
23 Under Social Security Ruling ("SSR") 83-10, "[f]requent"
24 means occurring from one-third to two-thirds of the time." SSR
25 83-10, 1983 WL 31251 (1983). "Occasionally," by contrast, "means
26 occurring from very little up to one-third of the time." Id.
27 The same Ruling notes that "[m]any unskilled light jobs are
28 performed primarily in one location, with the ability to stand

1 being more critical than the ability to walk. They require use
2 of arms and hands to grasp and to hold and turn objects, and they
3 generally do not require use of the fingers for fine activities
4 to the extent required in much sedentary work," even though
5 "light" jobs require more standing or walking. Id.

6
7 The Agency thus routinely uses "frequent" and "occasional"
8 to describe different physical movements associated with its
9 categories of "light" and "sedentary" work, but does not employ
10 the term "repetitive" in the same way. Courts have generally
11 concluded that "frequent" and "repetitive" are not synonymous.²³
12 See, e.g., Gallegos v. Barnhart, 99 Fed. Appx. 222, 224 (10th
13 Cir., 2004) ("frequent" and "repetitive" are not synonymous, and
14 ALJ's finding that plaintiff could perform jobs requiring
15 "frequent" reaching, handling or fingering was not inconsistent
16 with physician's recommendation against "repetitive" actions);
17 LeFevers v. Comm'r, 476 Fed. Appx. 608, 611 (6th Cir. 2012) ("In
18 ordinary nomenclature, a prohibition on 'repetitive' lifting does

19
20 ²³ The Ninth Circuit has noted that "frequent" and "repetitive"
21 are not the same. Gardner v. Astrue, 257 Fed. Appx. 28, 30 n.5
22 (9th Cir. 2007). Furthermore, the court found that
23 "'repetitively' in this context appears to refer to a qualitative
24 characteristic--i.e., how one uses his hands, or what type of
25 motion is required--whereas 'constantly' and 'frequently' seem to
26 describe a quantitative characteristic--i.e., how often one uses
27 his hands in a certain manner. Under this reading, a job might
28 require that an employee use his hands in a repetitive manner
frequently, or it might require him to use his hands in a
repetitive manner constantly." Id. (emphasis in original). As
such, the court theorized, "someone who cannot not use his hands
constantly in a repetitive manner, but can use his hands
frequently in a repetitive manner, could perform the jobs of
electronics worker and marker." Id. (emphasis in original).

1 not preclude a capacity for 'frequent' lifting," and non-Agency
2 doctor's use of term "repetitive" was not inconsistent with RFC
3 for light work); McCarter v. Colvin, 2014 WL 4908990 (D. Kan.,
4 Sept. 30, 2014) ("ALJ's hypothetical of frequent handling and
5 fingering with the right hand and no repetitive use by the right
6 hand is not erroneous, as 'no repetitive' use and 'frequent' use
7 are synonymous") (emphasis added).

8
9 The Court therefore disagrees with Plaintiff's contention
10 that the ALJ accepted an RFC inconsistent with Dr. Bazel's
11 recommendation against "repetitive" hand motions. As noted
12 above, the ALJ gave ample consideration to Dr. Bazel's entire
13 assessment, which did not specifically bar "frequent" handling
14 and fingering. The transcript of the Second Hearing, like the
15 relevant case law, does not show any basis for equating
16 "frequent" and "repetitive" handling and fingering. At most, the
17 record shows VE Ey agreeing with Plaintiff's suggestion that
18 "frequent" use of the hands -- the standard the ALJ used in her
19 hypotheticals -- might require "intermittent repetitive" hand
20 motions. (AR 88-89) (emphasis added). The VE opined that
21 "intermittent repetitive" activity could involve "some breaks,
22 but at times you're doing repetitive types of things." (AR 88).
23 He offered the example of a telephone order taker whose actions
24 are repetitive while entering data, but not at other times.
25 (Id.). Plaintiff's counsel then asked the VE to consider a
26 hypothetical employee who was restricted from using "repetitive"
27 (not "intermittent repetitive") hand, finger and wrist motions.
28 (AR 90). The VE opined that such a person could not do the

1 alternative work that would have been permissible under two of
2 the ALJ's three hypotheticals. (Id.).

3
4 Moreover, the ALJ's hypotheticals did not demand that the
5 individual perform "repetitive" hand motions. All three
6 hypotheticals the ALJ posed to Mr. Ey asked him to consider an
7 individual whose work activities required hand motions more
8 limited than those described in Dr. Bazel's restrictions. (AR
9 84-86). As such, they fell within Dr. Bazel's restrictions. The
10 ALJ twice asked Mr. Ey to describe alternative work for an
11 individual who could do "only frequent handling and fingering
12 with both hands," and added a third hypothetical involving an
13 individual "who could do no more than occasional handling and
14 fingering." (AR 84-86). Mr. Ey opined that an individual capable
15 of "frequent" handling and fingering could find alternative work,
16 but one capable of only "occasional" hand motions could not.
17 (Id.).

18
19 In reviewing an ALJ's findings, the court also considers
20 whether her decision is supported by substantial evidence in the
21 record as a whole. Aukland, 257 F.3d at 1035. Here, the ALJ
22 properly considered evidence indicating that Plaintiff's symptoms
23 were not as severe as alleged. (See AR 34). First, she noted
24 Dr. Bazel's finding that Plaintiff's condition had dramatically
25 improved following a full course of conservative treatment, with
26 no surgery. (AR 35). Plaintiff did not avail herself of
27 recommended follow-up treatment that was also conservative, such
28 treatment by an orthopedist. (Id.). Plaintiff did not seek

1 follow-up treatment for CTS from December 2008 until she had a
2 single neurology consultation in November 2011. (AR 35).
3 "[E]vidence of 'conservative treatment' is sufficient to discount
4 a claimant's testimony regarding severity of an impairment."
5 Parra v. Astrue, 481 F.3d 742, 751 (9th Cir. 2007) (citing
6 Johnson v. Shalala, 60 F.3d 1428, 1434 (9th Cir. 1995)).

7
8 Subjective evidence in the record also supports the ALJ's
9 conclusions regarding Plaintiff's credibility. Plaintiff told
10 the ALJ that she left her job because she "started having
11 problems with [her] hands." (AR 76). However, she told Dr.
12 Bazel that she was fired after struggling to keep up with her
13 work requirements (which may have related to her hand problems),
14 but also because a "new manager . . . came in who had favorites
15 and started to cut back her work hours and give them to [the
16 manager's] 'friends'." (AR 388). Plaintiff avoided taking
17 prescribed pain medications because they made her sleepy, but did
18 not present evidence that she had requested adjustments to her
19 medications that might have addressed these concerns. (AR 33,
20 63).

21
22 As the ALJ also observed, Plaintiff's testimony as to her
23 daily activities weakened her credibility. (AR 33). Plaintiff
24 could prepare breakfast and dinner, "try to pick up light duties
25 around my home," take showers, feed her puppy, and take walks
26 twice a week. (AR 289). She was able to do laundry and dishes,
27 make her bed daily, and water her plants. (AR 291). The ALJ
28 noted that although Plaintiff had difficulty brushing her hair,

1 "[i]t was noted at the face-to-face application meeting . . .
2 that [Plaintiff] did not have problems using her hands or
3 writing." (AR 33). Similarly, the ALJ reasoned that Plaintiff's
4 "ability to remove weeds, which requires the ability to
5 grip/grasp and pull, is inconsistent with her statement . . .
6 that she needs help opening cans and bottles." (Id.). Finally,
7 although Plaintiff stated in her application that she could only
8 stand or walk for thirty minutes and sit for an hour, she told
9 the ALJ that she could "walk longer than sitting," and walked
10 around the block for exercise. (AR 64).

11
12 When assessing a claimant's credibility, the ALJ must engage
13 in a two-step analysis. Molina v. Astrue, 674 F.3d 1104, 1112
14 (9th Cir. 2012). First, the ALJ must determine if there is
15 medical evidence of an impairment that could reasonably produce
16 the symptoms alleged. (Id.). If such evidence exists, the ALJ
17 must make specific credibility findings in order to reject the
18 claimant's testimony. (Id.). The ALJ may consider "(1) ordinary
19 techniques of credibility evaluation, such as the claimant's
20 reputation for lying, prior inconsistent statements concerning
21 the symptoms, and other testimony by the claimant that appears
22 less than candid; (2) unexplained or inadequately explained
23 failure to seek treatment or to follow a prescribed course of
24 treatment; and (3) the claimant's daily activities." Smolen, 80
25 F.3d at 1284; Tommasetti, 533 F.3d at 1039. As noted above, the
26 ALJ considered evidence in all of these categories and rendered
27 specific credibility findings that led her to reject Plaintiff's
28 testimony.

1 In sum, after giving full weight to Dr. Bazel's entire
2 report, assessing other medical evidence in the record and
3 considering the credibility of Plaintiff's own testimony, the ALJ
4 arrived at hypotheticals that were "accurate, detailed, and
5 supported by the record." Tackett, 180 F.3d at 1101. The ALJ
6 took care to solicit opinions from two additional vocational
7 experts when the first VE's testimony proved faulty, and
8 Plaintiff does not suggest that Mr. Ey, the VE at the Second
9 Hearing, made any error in answering the ALJ's valid
10 hypotheticals. Accordingly, the VE's testimony was proper and
11 remand is not justified on this ground.

12
13 **VIII.**

14 **CONCLUSION**

15
16 Consistent with the foregoing, IT IS ORDERED that Judgment
17 be entered AFFIRMING the decision of the Commissioner. The Clerk
18 of the Court shall serve copies of this Order and the Judgment on
19 counsel for both parties.

20
21 DATED: October 28, 2014

_____/S/
SUZANNE H. SEGAL
UNITED STATES MAGISTRATE JUDGE

22
23
24 **NOTICE**

25
26 **THIS DECISION IS NOT INTENDED FOR PUBLICATION IN LEXIS/NEXIS,
27 WESTLAW OR ANY OTHER LEGAL DATABASE.**
28